



INTRODUCTION SAFETY WORK AT HEIGHT

COURSE CONTENT :

- AWARENESS AND UNDERSTANDING OF SAFETY WORK AT HEIGHT.
- PRE-WORK PROCEDURES
- EQUIPMENT FAMILIRISATION AND UTILISATION
- THE BEST ANCHORING
- CLIMBING LADDER
- BELAY CLIMBING
- DESCENDING

DURATION : 1 DAY
OPERATION : MIN 2PAX
REVALIDATION PERIOD : 2 YEARS

PACKAGE INCLUDE :

- CERTIFICATE AWARDING
- COURSE NOTE + LOG BOOKS
- MEAL
- COURSE GEAR (PPE)

RM 350/PAX

FOR MORE INFORMATION:

TEAM DELTAROVERS MALAYSIA

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